**Fall Season JV/Varsity Cheerleading**

**Coach: Ms. Piperato**

**Fall 2015**

**The following statements are rules guided by the Athletic Handbook and Code of Conduct for the Fall Season Junior Varsity and Varsity Cheerleading teams.**

*All team members are expected to* ***attend all scheduled practices of the team and must be present at all games.*** *If a player finds it necessary to be late or absent from practice or a game, he/she is expected to report this fact, prior to practice or game,* ***to the coach in charge*** *who will determine the validity of the excuse and whether it can be accepted or not.*

*The Athletic Department recognizes that each student should have the opportunity for a broad range of experiences in school activities and, to this end, will attempt to schedule events in a manner to minimize conflict. The athletes and parents/guardians must realize that many times schedules cannot be changed because of league or section regulations or facility usage.*

***The following penalties shall be levied for violation of attendance, training rules and other conditions.***

1. *Late for practice: Coach’s discretion*
	1. Any cheerleader who arrives late or leaves early from practice without a coach-approved excuse twice will result in receiving one unexcused absence.
2. *Late for game: 1st offense: Coach’s discretion*. *2nd offense: ineligible for that game. 3rd offense: Permanent suspension.*
3. *Absent from practice: Coach’s discretion* (excused absences include being sick with a doctor’s note, unavoidable doctor’s appointments with a doctor’s note, family emergency, mandatory school event, and any emergency that is approved by the coach. All others will be unexcused: work, party, vacation).
	1. ONE unexcused absence will be a warning
	2. TWO unexcused absences will result in sitting out during the next game and could make the cheerleader ineligible to participate in future performances (pep rally/homecoming performances).
4. *Absent from game: Permanent suspension pending investigation of Athletic Director and coaches concerned.*
5. *Possession/Consumption (including being under the influence of) and/or distribution, other than prescribed by a physician for personal use, any controlled drug and/or intoxicant or tobacco, at any time during that sports season whether during school, at a school activity, on school property, or at locations off school property: In addition to penalties required by the school policy, student athletes will be suspended from all scheduled contests and practices for fourteen calendar days for the first infraction. In order to be reinstated to the team, the athlete is expected to meet with the athletic director and coach. The athlete will be suspended for one calendar year from all extra curricular activities for a second violation of this policy.*
6. *Absent or tardy from school the day of the game or the day after the game: An athlete who is absent or tardy without parental permission the day of a game will be withheld from that days contest. Absence or tardiness the day after a game without parental permission will result in the student being withheld from the next contest.*
7. *Care of Uniform and Equipment: Each team member shall assume full responsibility for the uniform and equipment issued to him/her. The student is financially responsible for any damaged or lost items.*
8. *Transportation: A player must travel to and from the game under the direct supervision of the coach/advisor. It is the responsibility of the school to transport all participants to the event and back to the school. The only exception to this policy is a written request from the parent or guardian, or by an individual approved by the athlete’s parent and the Athletic Director. This request must be received one day prior to the athletic event. A player who travels to the game in an illegal fashion cannot participate in the game. A player who travels home from the game in an illegal fashion will be suspended form one game.*
	1. Each player is allowed to ride home with a parent/guardian once during the regular season, assuming all of the proper paperwork is completed and handed in on time unless there is a coach approved emergency.

***Athletic Academic Eligibility***

*The first priority of the student’s education experience is academic excellence. All students must recognize that participation in interscholastic athletics is an honor and privilege earned by maintaining academic and discipline standards. Consequences for not maintaining the minimum standards are listed in the Athletic Handbook.*

1. Each player is expected to maintain a 70% overall average throughout the entire season.

**Other important information regarding cheerleading:**

1. It is the athlete’s responsibility to check the website and with the coach directly for any updates and important information.
2. Regarding practice:
	1. All cheerleaders are expected to attend practice on time, properly dressed in exercise clothing and cheerleading sneakers. Jewelry of any kind is not permitted. Hair must be pulled back.
	2. No use of cell phones during practice, unless there is a break.
	3. No guests or parents are permitted to watch practices, unless they are invited to attend.
	4. The practice area is expected to be kept clean.
3. Regarding games:
	1. All cheerleaders are expected to be on time, prepared, and in full uniform for all games.
	2. All required cheerleading contents are expected to be brought to every game.
	3. No use of cell phones during the games, unless there is a break.
	4. Hair is expected to be pulled back with specified hair bow at every game.
	5. Fingernails should be kept at a short length with no polish on them.
	6. No chewing gum, eating anything on the track or sideline while the game is in session.
	7. The sideline/track area must be kept clean.

**I HAVE READ AND UNDERSTAND THESE RULES IN ADDITION TO THE ATHLETIC HANDBOOK. I AGREE TO FOLLOW ALL RULES OUTLINED TO THE BEST OF MY ABILITY:**

**NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**SIGNATURE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PARENT’S NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PARENT’S SIGNATURE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**SEASON: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**